

Vol. 18, No. 2

February 2003

FRONT RANGE FLYER

302nd Airlift Wing, U.S. Air Force Reserve Command

Peterson Air Force Base, Colo.



Air Force Reserve Command
crew chief of the year



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FRONT RANGE FLYER



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On the cover



Tech. Sgt. Mike White is the first member of the 302nd Airlift Wing to be selected Air Force Reserve Command Crew Chief of the Year. See page 4 for more about White. (Photo by Senior Master Sgt. Jim Riley, 731st Airlift Squadron)

UTA Schedule

Next UTA: February 8-9

March 8-9

April 5-6

May 3-4

The next UTA schedule is printed in more detail on page 10. The **Front Range Flyer** is mailed each month to all 302nd Airlift Wing members on file with Personnel Systems. If you are not receiving your magazine, check with your orderly room or administration section to ensure your address is correct.

Efforts make wing outstanding

Outstanding Unit Award announced

By Col. Richard R. Moss
Commander

Congratulations to all of you.

Due to your outstanding efforts, the 302nd Airlift Wing has been awarded the Air Force Outstanding Unit Award for the period Jan. 1, 2001 through Aug. 31, 2002.

This award recognizes the supreme effort and excellence that you, all the members of the 302nd AW, have given throughout this period in supporting the needs of the Air Force Reserve, the Air Force, and this nation.

You have truly earned it.

Last month we did a processing line for about 600 members of the wing who had not deployed last year as part of our mobilization. Overall, it went well. I would like to thank

everyone for the patience and cooperation.

We did discover that a lot of people did not have all the required documentation needed to deploy, and some units had difficulty properly preparing their cargo for simulated deployment. This is something we can not afford to have in light of current world events.

I need your help to ensure that your unit's cargo is ready to deploy if need. I need each individual to ensure that you are ready to deploy if needed and that all your personal affairs are in order to protect your family members. We can do it.

In this issue there are articles from our communications staff outlining the government computer responsibilities. This is something that everyone needs to read and

head. A government computer is for government use only. Viruses can be introduced into our system, help us maintain computer vigilance.

Some people have downloaded inappropriate material from the Internet or have received inappropriate e-mails and forwarded them to others. If you receive an e-mail containing inappropriate material, delete it and inform the person who sent it to you not to send you anymore like it.

If it can be deemed inappropriate or offensive to even one person, then it is inappropriate and will not be

tolerated on a government computer and can subject personnel to disciplinary action.

Take time to look at all our award winners recognized in this issue of the paper and keep up the outstanding work!



Col. Richard R. Moss

Weapons of mass personal destruction

By Senior Master Sgt. Kelli Wolf
302nd Communications Flight

Misuse of government systems can bring you not only significant military and civilian administrative punitive actions, but personal pride, integrity and disappointment in the eyes of your co-workers, peers and supervisors.

So, is it worth the time spent on that web site to print something or e-mail something to a friend just to laugh it up and possibly jeopardize your personal integrity or career?

Should we mention at this point that the government is paying you for an honest day's work?

Reconsider the next time you receive a questionable e-mail from a friend or counterpart that contains a funny

attachment, a joke or a link to a web site. If you did open it we strongly encourage that you do not, in-turn, forward it on to a friend from your government computer system. Your best response is to request your friend, co-worker or counterpart not to e-mail items to your government e-mail account.

Forwarding government e-mails to your personal e-mail account is not authorized, nor is forwarding personal e-mail back here to your government account. Accessing your personal e-mail account through the internet is not official government business and is not authorized.

When personal business is conducted during government duty hours with government equipment on a government network we are seriously

placing our "network weapon system" at risk.

Each person plays a critical role each and every time they log on to the network by ensuring that your actions alone won't introduce a devastating virus bringing our network to its knees.

Accessing just one web site can do that, downloading a seemingly harmless audio or video file can do that and opening and replying to junk mail or chain letter mail can do that.

Sleeper programs can be hidden inside any file or picture, even one that seems too small to hold anything.

A moment in time to laugh at something that is offensive, inappropriate or unauthorized really isn't worth the potential damage to you personally or professionally.

Space junior officer takes top honors

By Staff Sgt. Phyllis Duff
50th Space Wing Public Affairs

Capt. Mike Thomas Low, director of operations, 19th Space Operations Squadron, Schriever AFB, Colo., is the Air Force Reserve Command Junior Officer of the Year, the top junior officer out of 7,000-plus officers within the command.

"I was pleased to receive news of this announcement on New Year's Day and phoned Capt. Low to share it with him," said Maj. Don Christy, 19th SOPS commander. "I can't think of anyone more deserving of this recognition. Mike is an absolutely outstanding junior officer."

"His citation to accompany the award speaks for itself," said Christy. "As Chief, Launch and Early Orbit, Anomaly

Resolution and Disposal Operations, Global Positioning System Satellite Vehicle Officer, Low has demonstrated amazing capabilities," he said.

Low led a diversified team which developed the concept for the first-ever commercial off the

shelf satellite command and control operations center to come under the operational control of a single squadron. He demonstrated the system's capabilities to senior AFSPC leadership and won programmatic funding for the project.

In addition to developing hardware for the system, Low prepared the unit to assume full responsibility for the launch and early orbit operations by being the first reservist to certify and perform duties as a satellite vehicle operations director.

"Low's leadership, dedication to his family and his integrity and motivation led me to enthusiastically submit him," said Maj. Mark Dahle-Melsaether, 19th SOPS flight commander. "His leadership and accomplishments as an officer break reservist stereotypes. This award is well deserved."

"Capt. Low is an exem-

plary company grade officer," said Lt. Col. Roscoe Griffin, 310th Space Group commander. "He is extremely technically competent and professionally flawless. He in many ways is very representative of all members of the 310th Space Group. They're all outstanding."

Leading up to the award, Low most recently won 19th SOPS' Company Grade Officer of the Year, Reserve Officer Association Company Grade Officer of the Year for the Department of Colorado, 2001 and 10th Air Force Junior Officer of the Year, 2002.

Low received a Bachelor of Science degree in Zoology at Ohio State University and in 1995 attended Officer Training School at Maxwell Air Force Base, Ala.

Following OTS, Low attended Undergraduate Space and Missile Training and received initial qualification training for Minuteman III Intercontinental Ballistic Missile Operations at Vandenberg AFB, Calif.



Lt. Gen. James E. Sherrard III, Commander of Air Force Reserve Command, presents Capt. Mike Thomas Low with his Air Force Reserve Command Junior Officer of the Year plaque Jan. 22 (Photo by Lt. Col. Clancy Preston)

302nd boasts top crew chief in command

By Tech. Sgt. Tim Taylor
Front Range Flyer

The 302nd Airlift Wing has brought home another first.



Tech. Sgt. Mike White performs crew chief duties on a C-130. (Photo by Senior Master Sgt. Jim Riley, 731st AS)

Tech. Sgt. Mike White, 302nd Maintenance Squadron, has been selected the Air Force Reserve Command Crew Chief of the Year. It marks the first time a member of the 302nd has earned this honor.

White said he was honored his peers saw him as someone who was worthy of receiving the prestigious award.

"My co-workers voted for me," he said. "Actually, that's what makes it pretty cool."

"Tech. Sgt. White was nominated by his peers, both ARTS and reservists, through balloting," said Senior Master Sgt. Mike Sanchez, 302nd MXS aircraft manager. "We, as supervisors, felt it would pull weight and recognition toward a candidate by having peers select their nomination rather than supervisors."

White has been labeled a fantastic instructor who is patient, thorough and enthusiastic. Maintenance supervisors

frequently arrange for him to be the first trainer for new recruits to the career field.

He played a key role in the wing's 100-percent launch rate while deployed in support of Operation Enduring Freedom in 2001-2002, a commitment which took him away from his wife and two sons during the Christmas holidays.

He was also the lead crew chief during Modular Airborne Fire Fighting Systems missions. From October 2001 to September 2002, White flew 289 MAFFS sorties, a total of 756 hours. Despite those being double the usual number of hours flown, he exceeded the AFRC standard for mission completions by four percent.

Although White has shown extreme dedication to the Air Force Reserve mission, he still finds time for his family. Upon returning from Operation Enduring Freedom, he volunteered to coach youth football at Horizon Middle School in Colorado Springs.

Raven soars to top of the wing

By Tech. Sgt. David D. Morton
Front Range Flyer

After being away for more than 14 months, Senior Master Sergeant Gary L. Brown, 302nd Security Forces Squadron superintendent, has returned home to earn himself the 302nd Airlift Wing's Senior Noncommissioned Officer of the Year award for 2002.

He was activated Sept. 23, 2001 and continued to serve on active duty until Dec. 6, 2002. By order of the Director of Headquarters, Air Mobility Command Security Forces, Brown was credited with single-handedly training more than 400 military police from the Air Force and Army in the proper techniques of maximum custody and search procedures while transporting detainees from Kandahar, Afghanistan to Camp X-ray, Cuba.

His other duties during that time included serving as air

marshal for troops being deployed overseas to the Middle East and providing rotational security for troops in and out of the theater of operations.

He is a member of the Phoenix Ravens, an elite Air Force Security force team providing protection for aircraft in austere environments. He has been a member of the 302nd SFS since 1991, and an advisor to the Air Mobility Command Threat Working Group for the United States Transportation Command which established procedures for transporting and detaining Al-Qaeda prisoners during Operation Enduring Freedom.

"Being Raven-qualified was definitely an asset while activated," said Brown. "It's very intensive training and probably the most demanding course the Air Force has to offer."

The 15-day course consists of running at least five miles every other day, hand-to-hand

ground combat skills, intensive firearms training and academics for five hours each night.

"I was trained in anti-terrorism techniques, force protection, and received federal marshal familiarization training," said Brown. "I'm proud to be a Raven. My number is Raven 597. There are only seven in Colorado, and they all serve with the 302nd Airlift Wing."

The senior NCO award enables him to compete at the Air Force Reserve level as one of the 12 Outstanding Airman of the Year. If successful, he'll represent the Air Force Reserve in an Air Force-wide competition against his peers.

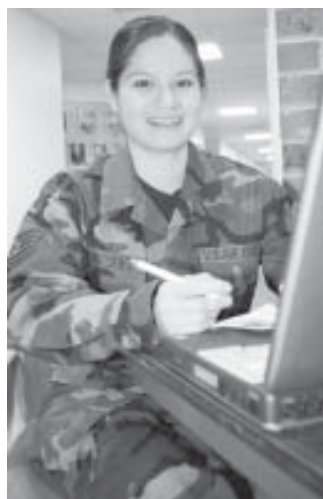
"This is a prestigious honor," said Brown. "Without



Senior Master Sgt. Gary Brown

the quality troops we have in the Security Forces Squadron, I wouldn't be able to achieve this status."

"As the Security Forces superintendent during his award period, I know we have the right person in place for the job," said 302nd AW Command Chief Master Sgt. Bobby E. Smith.



NCO of the Year

Tech. Sgt. Ana Dominguez, 302nd Mission Support Squadron, was the Noncommissioned Officer of the Quarter, first quarter, 2002.



Airman of the Year

Senior Airman Mandy Gard, 302nd Aeromedical Staging Squadron, was the Airman of the Quarter for the third quarter, 2002.



Airman of the Quarter

Airman 1st Class Joshua Griffith, 302nd Mission Support Squadron, was the Airman of Quarter for the last quarter of 2002.

Wing Enlisted Awards Luncheon

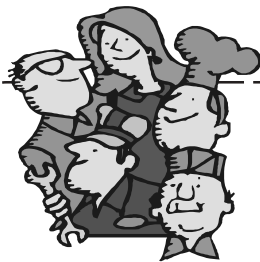
Saturday, March 8

Peterson AFB Enlisted Club

Seating : 11:00 a.m.

Luncheon : 11:30 a.m.

Contact your unit first sergeant for more information



302nd Airlift Wing Employer Orientation form Employer Information

Employer's full name _____
 Employer's title/position _____
 Company name _____
 Business address _____
 City _____ State _____ Zip _____
 Workphone (_____) _____
 Employer special needs (dietary, physical, etc.)? If yes, please explain _____

Reservist Information

Rank/name _____ Unit _____ Dutyphone _____
 Home address _____
 E-mail _____
 City _____ State _____ Zip _____
 Homephone (_____) _____ Civilian work phone (_____) _____
 Military position title _____
 Civilian position title _____
 Planning on lunch with your employer? ____yes ____no

Clergy Day coming

The 302nd Airlift Wing Clergy Orientation Day is May 20. The day will include an orientation flight on a unit C-130 (if the clergy chooses to fly), mission and family readiness briefings, tours of the 302nd AW facilities, base, base chapel and lunch - rounding out a four to five hour timeframe. Names are needed now to plan for lunch and the flight, so respond early. An itinerary will be provided with the invitations. Completed form must be returned by April 20.

Fax: 719-556-4214

E-mail:

clancy.preston@302.peterson.af.mil

Mail : 302 AWPA

860 Malmstrom Street, Suite 138

Peterson AFB CO 80914-1179

Clergy Orientation nomination form

Clergy name/title _____
 Organization _____
 Address _____
 City _____ State _____ Zip _____
 Clergy phone (_____) _____
 Reservist name _____ Unit _____
 Clergy special needs (dietary, physical, etc.)? If yes, please explain _____



Employer Appreciation Day

The opportunity for reservists to thank their bosses for all the support they've given them for the past year is at Employer's Appreciation Day, scheduled for June 7.

There will be a luncheon at the Peterson Air Force Base Officer's Club followed by an orientation flight on one of the 302nd Airlift Wing's C-130 aircraft.

The employers will get a mission brief and an overall view of exactly what we do as reservists.

Completed forms must be returned by May 7 and may be sent by:

Fax: 719-556-4214

E-mail:

clancy.preston@302.peterson.af.mil

or

Mail: 302 AW/PA

860 Malmstrom Street, Suite 138

Peterson AFB CO 80914-1179

For more information, call public affairs at 556-4117.

ASAP - whenever you're 'in a hurry'

By Chaplain (Capt.) Tim Wilson
Senior Chaplain

Acronyms make the military world go round, or should I say: AMTMWGR.

In the Airman's Manual, 11 pages are dedicated to deciphering what looks like random sequences of letters and/or numbers. All the way from A2, Air Chief of Intelligence, to Y2K, Year 2000, there is a military way to say just about everything.

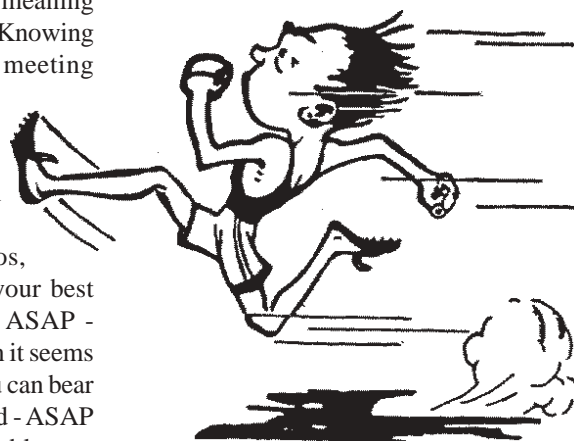
One acronym we all have heard of and probably used is found on page 153 in AFM, that is Air Force Manual, 10-100. ASAP is short for "As Soon As Possible" This acronym sometimes really means: "It Should Have Been Done Yesterday!" which I guess

would be "ISHBDY."

You may be pleasantly surprised to learn that ASAP has a secondary meaning not listed in the Airman's Manual. Knowing it, is helpful in the stresses of meeting deadlines, when there is not time to spare. When you're in the middle of the hurry and scurry remember that ASAP can also mean - ALWAYS SAY A PRAYER.

In the midst of family chaos, when "quality time" is rare, do your best and let God help with the rest- ASAP - ALWAYS SAY A PRAYER. When it seems like your worries are more than you can bear - slow down, take a deep breath and - ASAP - ALWAYS SAY A PRAYER. God knows

how stressful life can be; he wants to be there to help ease your cares.



• CCTOYPCSATSONOPPSNCOOICMSTOYPC SUTAUTNAUDMAWPACATMUSAFRCAMCEPCLEPDACPDPMT PCCAFMCCAF •

'Major Anderson explains' Employer Support of the Guard and Reserve

Editor's note - Maj. Brian Anderson, 302nd Service Flight commander, shares information with his unit through a monthly newsletter. Following is one of the topics he recently addressed.

I'm sure you are watching the news as closely as I am wondering what's going to happen with the war on Iraq. I know some of you are saying, "My boss keeps asking me if I'm going to be activated."

Unfortunately, I don't have an answer to that question, but I do understand that question can cause tension at work. That's why I want to explain a little bit about the National Committee for Employer Support of the Guard and Reserve (ESGR).

The official description is that the National Committee for ESGR is an agency within the Office of the Assistant Secretary of Defense for Reserve Affairs. It was established in 1972 to promote cooperation and understanding between Reserve component members and their civilian employers and to assist in the resolution of conflicts

arising from an employee's military commitment.

Today ESGR operates through a network of more than 4,500 volunteers throughout 54

committees located in each state, the District of Columbia, Guam, Puerto Rico and the Virgin Islands.

So what does that mean to you? The ESGR is there to help your employer understand and support

your participation in the Air Force Reserve. This isn't just for



Maj. Brian Anderson

wartime activation. Taking the time to get your employer's support early can help them understand when you need time off to attend Services Combat Training, or perform

Annual Tour. If your boss is supportive, nominate him or her for the "My Boss is a Patriot" award; just go the ESGR website listed below.

So what if we do become

activated? The ESGR can help answer your questions regarding the Uniformed Services Employment and Reemployment Rights Act. Basically, the USERRA says your employer can't hold it against you if you get activated.

For more specifics go to the ESGR website at: www.esgr.org.

If you want more information on what I've talked about you can go to the ESGR website, call the national toll free number: 1-800-336-4590, or contact your local ESGR Committee Chairperson listed below. These people are volunteers here to help you.

I understand that the uncertainty of what may happen can cause more stress than an actual activation. Now, as always, I thank you for serving.

ESGR Committee Chairpersons

Colorado:	Fred Fletemeyer	(719) 473-1216	firstflete@aol.com
New Mexico:	Norman L. Churchill	(505) 296-2556	TwoChurchills@cs.com
Texas:	Elvin J. Schofield	(210) 696-7205	ejscho@aol.com
Oklahoma:	John W. Hubbard	(405) 912-0961	jhubbard6@cox.net
Kentucky:	Ron Steensland	(800) 336-4590	ron@lexpublib.org

Got Gas? Test your chemical warfare knowledge

By Senior Master Sgt. Lynn Vorce
302nd Readiness Flight

Here's a spot quiz for you. Test your chemical warfare knowledge.

1. What are the USAF Standard Alarm Signal colors?

- A. White, Yellow, Red or Blue, Black
- B. Green, Yellow, Red or Blue, Black
- C. Yellow, Red or Blue, Black
- D. I'm color blind

2. You are driving a vehicle on the flight line ramp, alarm red sounds over your radio. The threat to your air base is missiles. What is your response?

- A. Stop the vehicle, exit, and run to the nearest shelter
- B. Stop the vehicle, exit, and take cover under the vehicle
- C. Drive like he** to the nearest bunker
- D. Stop the vehicle, and wait inside the vehicle for the next alarm condition

3. What is the optimum time to decontaminate a liquid chemical agent on painted surfaces?

- A. 3 minutes
- B. 10 minutes
- C. 1 hour
- D. I don't do windows

4. Does a liquid chemical agent absorb into glass?

- A. Yes
- B. No

Answers: 1-B, 2-D, 3-A, 4-B

If you got 0-1 answer correct, you definitely need more training or a good life insurance policy; 2-3 answered correctly, you're very good at guessing; 3-4 correct answers and its time for you to cross-train into civil engineer readiness.

The Air Force has revised its chemical warfare contingency operations in a very big way just recently. The changes affect



how you perform your mission in a chemical environment and command and control centers making the big decisions.

These changes will be passed on to you through scheduled chemical warfare defense classroom and exercise training.


Recent world events could have you thinking about the chemical and biological threat that faces you today.


Time to look at that gas mask again, and ask yourself "is this thing ready for me to use?"


The don't-do-it guide to job security

... a timely 302nd Communications Flight reminder

The don'ts:


 Download files from the internet if not directly related to position and from a military, government or other official source.


 Use any other e-mail service other than the government account you were issued by the 302nd Communications Flight. This is prohibited by Air Force policy. This opens up the local system to vulnerabilities from this unauthorized e-mail and in turn subjects our local network and the Air Force as a whole.


 Forward government e-mail to civilian work or home e-mail accounts. This is

prohibited by AF directive. This can open up a huge can of worms as it relates to Privacy Act and Freedom of Information Act laws. Any e-mail that is sent out must not be indiscriminate and must be attributable to an individual sending the message.

If a classified message comes across and is automatically forwarded there is a problem. If you receive privacy act material in your government e-mail and it is auto forwarded to a civilian/commercial server and the personal information is compromised there is a problem.

 Access unauthorized web sites from government systems or on the government network. (i.e. sexually explicit, pornographic or any inappropriate/off-color images, jokes, cartoons, or racial sites, hate sites, Neo-Nazi/prejudicial sites, or anything that would make money - such as stock trading, etc.)

 Access anything that could possibly be offensive to others. Anything other than for official government business is unauthorized.

 Connect personally owned equipment to or with government

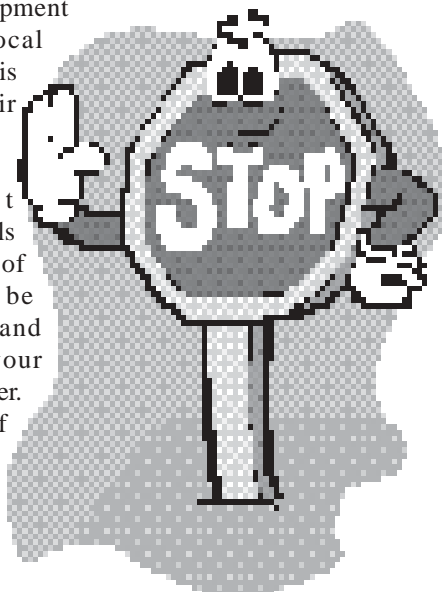
equipment without express written consent from your group commander or the communications flight. Personally owned PDAs (i.e. Palms, Visors, Ipaqs, etc.) cannot be used on government equipment even with local permission. This is prohibited by Air Force directive.

All government equipment that falls within this type of category will be installed and supported by your workgroup manager.

Types of equipment include, but are not limited to:

USB storage devices, zip drives, scanners, digital cameras, external CD roms, cellular phones, etc.

Do ask the workgroup manager if you have any doubt.





Virtual MPF

Military members can check to see if their address is correct and update it if necessary in the Military personnel Data System by accessing the Virtual MPF. To change your address in the system, go to <http://arpc.afrc.af.mil>, click on "main Subjects" and then click on "Virtual MPF". Follow prompts on the Air Force Personnel Center's secure web sites login page.

Scholarships to children

The Military Officers Association of America, MOAA, formerly The Retired Officers Association, will give \$1,000 college scholarships at random to sons and daughters of military personnel, including reservists in Air Force Reserve Command.

Deadline for online application form is March 1.

The MOAA will honor 100 college-bound or current undergraduate students with individual scholarship grants for the 2003-2004 school year.

Of the few eligibility requirements, applicants must be under the age of 24 and provide basic information. If an applicant served in the military before college, the maximum eligibility age will be increased by the number of service years, up to five years.

Semifinalists will be notified by e-mail in March and may be asked to provide more detailed information. Scholarships will be dispersed by late August.

For more information or to

apply, go to <http://www.moaa.org/Education/2003> (AFRC News Service)

Dental Enrollment

All reservists are required to have a yearly dental evaluation. Military Dental Exams are administered every 3 years, so Reservists are expected to see their civilian dentist and return the completed DD Form 2813 to 302nd ASTS. Retrieve form at http://www.navres.navy.mil/navresfor/n01m_med/Forms/dd2813.pdf. For more information, call 719-556-1135. Also, the TRICARE Dental Program offers dental services to members and families of the Selected Reserve and Individual Ready Reserve. Enrollment is affordable and information is available at www.ucci.com or call toll free 1-800-866-8499.

Major AEF changes

Major changes to air and space expeditionary forces are coming beginning in June with the start of Cycle 4. There will be a leveling of expeditionary combat support assets from throughout the Air Force, which means some airmen will be vulnerable to deployment sooner than expected, and others will have their normal training periods extended.

There will be a distribution of Reserve assets across AEFs to provide a more consistent level of the workload for the air reserve component. Distributing Guard and Reserve forces is especially important considering that reserve component aircraft and people are heavily involved in Operation Noble Eagle. The Reserve component will also realign Guard fighters by block type and geography.

For more information, go to the AEF Web site at <http://aefc.langley.af.mil>.

Lodging Notice: *cancel if you must ...but call to save wing funds*

You must call and cancel your reservations at the off-base hotel as well as through the Pikes Peak Lodging system.

Call the off-base hotel as soon as you know you won't be attending the UTA.

The wing is charged for these rooms unless the're

cancelled at the hotel by 4 p.m. The call will also prevent losing your lodging privileges per wing policy.

Call Tech. Sgt. Terry Brassard, (719) 556-4001 or Pikes Peak Lodging, 1-888-AFLODGE (235-6343), Ext: PET (738) or (719) 556-7851 for information to cancel your reservation.

Congratulations Promotees

Senior Master Sergeant

Deborah Buchmeier
Raymond Gurule
Gerald Johnson

Master Sergeant

Mark Clark
Jeffrey Flight
Joseph Fox
Steven Riester
Kenneth Ross
Robert Scoby
Susan Wong Tworek
Jeffery Wing

Technical Sergeant

Danny Ampan
Ana Dominguez
Jarrad Maier
Tod Switzer
Clinton Walker
Kyle White

Staff Sergeant

Scott Agenbroad
Nicole Boeschen
Blaine Compoc
Ruben Foster
Velma Leon
Mattie Monahan
Leon Peterson
Inka Roberts
Josefina Tarango

Senior Airman

Steven Fresquez
Christian Picard

Airman 1st Class

Elijah Guerrero
Matthew Harding
Roberto Medina
Michael Pesek
Jody Sanchez
Roy Simond

Welcome newcomers

310th Space Group

Capt. William Arbogast
Staff Sgt. Bertram Duplessis
Capt. Andrew Schafer

731st Airlift Squadron

Airman 1st Class Scott Bailey
Capt. Sandra Cummings

302nd Aeromedical Staging Squadron

Airman 1st Class Kristin Bradshaw
Airman 1st Class Liana Chavez
Senior Airman Darlene Rivera
Senior Airman Holly Tweedy

302nd Maintenance Squadron

Airman 1st Class Tara Cox
Airman Basic Santiago Goenaga
Senior Airman Melinda Mavity
Senior Airman Aradhana Reeser
Staff Sgt. Jeremy Wentz

310th Security Forces Squadron

Senior Airman Felix Gallardo

302nd Security Forces Squadron

Senior Airman Michael Goode

302nd Civil Engineering Squadron

Senior Airman Nicholas Jones
Capt. Brett Sichmeller

302nd Maintenance Operation Flight

Senior Airman Eric Mench

302nd Logistic Readiness Squadron

Senior Airman Kenneth Pacheco
Senior Airman Clevon Dukes

302nd Airlift Wing Unit Training Assembly Schedule February 8-9

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0530 – 1000	Breakfast is Served	Aragon Dining Facility	SVS/6-4180
0600 – 0730	"Jump Start" Fellowship	Sandy's Restaurant	HC/6-4006
0730 – 1500	Newcomers Orientation	Bldg 893 Conf Room	MPF/6-7976
0730 – 0900	*No Meeting Period	All Locations	CV/6-7087
0900 – 1000	UTM Training Meeting	Bldg 895 Room 204	DPMT/6-7250
1000 – 1030	Wing Training Plan Council	Bldg 895 Room 206	XP/6-6770
1100 – 1730	Let's Do Lunch!	Aragon Dining Facility	SVS/6-4180
1100 – 1230	Lunch & A Lift	Aragon Colorado Room	HC/6-4006
1200 – 1600	Chemical Training	Bldg 1324 2 nd Floor	CE/6-7221
1215 – 1530	**CDC/PME Testing	Bldg 895 Room 204	DPMT/6-7250
1300 – 1600	Chaplains Available	Bldg 893 Room 143	HC/6-4006
1500 – 1530	Anthrax Briefing	Bldg 893 Conference Room	ASTS/6-1136
1500	Qtrly Supervisor Training	Bldg 895 Room 206	DPMT/6-5768
2000 – 2300	Late Night Snack	Aragon Dining Facility	SVS/6-4180

*No meetings directed to allow commanders to spread UTA information and updates Saturday morning

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0530 – 1000	Breakfast is Served	Aragon Dining Hall	SVS/6-4180
0800 – 0900	Career Advisors Training	Bldg 895 Room 203	MPF/6-7702
0800 – 0900	3A0 AFSC Training	Bldg 893 Wing Conference	SC/6-8192
0800 – 1200	Chemical Refresher	Bldg 1324 2d Floor	CEX/6-7221
0900 – 1000	Qtrly Awards: Airman/NCO	Bldg 845 (21 SW HQ) Conf	DPMSC/7976
0900 – 1000	Family Liaison Officer and USAF Survivor Assistance Training	Bldg 895 Room 203	SVF/6-4001
1100 – 1200	CWD Mask Fit Testing	Bldg 1324 2d floor	CEX/6-7221
1100 – 1700	Let's Do Lunch	Aragon Dining Facility	SVS/6-4180
1215 – 1530	**CDC / PME Testing	Bldg 895 Room 204	DPMT/6-7250
1300 – 1400	Commanders SORTS Mtg	Command Post CAT Room	CC/6-7369
1300 – 1400	Qtrly Awards: SNCO	Bldg 845 (21 SW HQ) Conf	DPMSC/7976
1500 – 1530	Anthrax Briefing	Bldg 893 Wing Conf Room	ASTS/6-1136
1500 – 1600	Homosexual Policy	Bldg 893 Room 111	JA/6-8140
2000 – 2300	Late Night Snack	Aragon Dining Hall	SVS/6-4180

CDC/PME Testing:

** Military ID cards are MANDATORY for ALL testing. For CDC end-of-course exams, a testing authorization letter is also MANDATORY. Testing authorization letters will be obtained from the respective Unit Training Manager/Monitor.

Multicultural Awareness Group

The Multi-cultural Awareness Group meets Sunday, Feb. 9 at the Aragon Dining Facility. The meeting will be the planning platform for activities during the year, roundtable discussions on diversity and plans for the Family Day booth. Please join; for information, call the 302nd Airlift Wing Military Equal Opportunity office, 556-6215.

Suicide prevention - *keep choosing life*

By Tech. Sgt. Mitch Chandran
Front Range Flyer

Suicide ranks as the second largest killer among American military members - after accidental deaths.

"You do not have to be a mental health or medical professional to help someone," said Staff Sgt. Renee Montour, 302nd Aeromedical Staging Squadron suicide prevention monitor for the wing. "Just being there could be of help. Suicide is difficult to predict. Most people with key indicators of distress do not commit suicide, and signs of distress indicate need for support and assistance."

According to Montour, warning symptoms to look for in a person contemplating suicide include pessimism, hopelessness or helplessness,

anxiety or agitation, anger, or acting withdrawn or irritable. They may have trouble eating or sleeping, have an unusual or sudden change in behavior, loss of interest in work and usual activities, they may talk about death or dying, put themselves down, feel worthless, and may have problems with moods among others.

Assistance and education is available to wing members, both individually and in groups.

Montour said factors most frequently associated with suicide in the Air Force include legal problems, alcohol abuse and relationship problems.

Top factors associated with suicide events specific to the Air Force population through the year 2000 were relationship problems, financial problems, criminal acts, alcohol abuse, being under investigation, and military legal

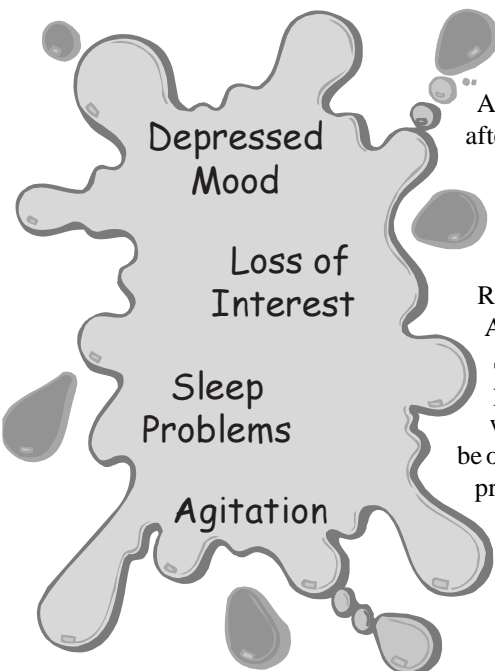
problems.

She said most people do not seek mental health services, but might receive treatment at a medical treatment facility for expressed physical concerns.

Montour recommends when talking with someone who may be suicidal, **do not**: render your advice, be judgmental, lecture or debate, dare them to do it, act shocked, leave them alone, or keep a promise of secrecy.

More than 29,000 people in the United States die by suicide every year according to the American Foundation for Suicide Prevention. As of September 2002, there were 21 suicides Air Force wide; four of them were traditional reservists in civilian status.

For more information regarding suicide prevention, contact Montour at 556-1138 or e-mail her at renee.montour@302.peterson.af.mil.



Last class of the year

Non-Commissioned Officer Leadership Development Program

March 31 - April 11
Peterson AFB

Senior Airman through Master Sergeant
eligible

It's worth two semester hours of credit in Management from Central Texas College, it could be the tie-breaker for board selections, looks good on civilian resumes and is good preparation for CLEP tests.

See Master Sgt. Clayton Miller in the 302nd Wing Education and Training office, 556-7250, for more information

Useful Web Sites

Air Force Crossroads - www.afcrossroads.com

Air Force Exchange Services - www.aafes.com

Armed Forces YMCA - www.asymca.org

Armed Forces Vacation Club - www.afvclub.com

Current Pay Chart - http://pay2000.dtic.mil/home_pay.html

Defense Commissary services - www.commissaries.com

ESGR - Employer Support of the Guard and Reserve -
www.esgr.org

Guide to Reserve Family Member Benefits

www.army.mil/usar/benefits/benebroch.html

Military Reports (weekly benefits info) -

<http://www.militaryreport.com/>

Military Pay - <http://www.dfas.mil/money/milpay/>

Military Installations - www.dmdc.osd.mil/sites

Military Family Interest Items - www.military.com

Thrift Savings Plan - <http://www.tsp.gov/index.html>

TRICARE - www.triwest.com

United Concordia - Tricare Dental Program -
www.ucci.com

Veterans of Foreign Wars (VFW) - www.vfw.org

Travelers to file split disbursement

ROBINS AIR FORCE BASE, Ga. — All Air Force government travel card holders can expect to

filing split disbursements on their travel vouchers starting in the spring of 2003.

The Air Force is making the current optional process mandatory to combat delinquent government travel card payments to Bank of America, which holds the

government travel card contract.

"It will especially help people who tend to procrastinate," said Rhonda Griggers-Evans, government travel card service coordinator for Headquarters Air Force Reserve Command. "They don't need to write a check or even put a stamp on an envelope. They know the bill is paid."

Griggers-Evans expects split disbursements to become mandatory during the April to June timeframe.

She said using the process is a simple, easy way to manage government travel cards. Account holders select the option when filing their travel voucher and enter how much they want Bank of America to receive toward their bill. The payment is sent directly from their finance office to Bank of America.

Air Force officials said split disbursements reduce operating costs and make it easier to avoid late fees and delinquencies. (AFRC News Service)



Winter storm survival tips

By Master Sgt. Bob Smith
Ground safety NCO

Storms can approach suddenly, especially from January through March. If you find yourself trapped in a winter storm here are several survival tips:

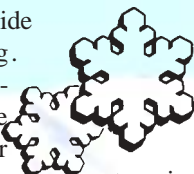
Outside - Find shelter, stay as dry as possible, cover all exposed body parts to avoid frostbite. If you can't find shelter attempt to build a wind-break or dig a snow cave to avoid the blowing wind. Build a fire for heat and to attract some attention. Place rocks around the fire to absorb and reflect the heat. Melt the snow or it will lower your body temperature.

In a vehicle - Stay in the car. You risk the chance of disorientation if you attempt to walk in the wind-driven snow. Start your engine for about 10 minutes every hour for some heat. Be sure to crack a window while your motor is running to avoid car-

bon monoxide poisoning. Make yourself visible to other motorists by turning on a dome light at night or tie a colored cloth to your antenna or door. Exercise often. Vigorously move your arms, legs, fingers and toes. This will help your blood circulation and keep you warmer.

At home or work - Stay inside. Be sure to properly ventilate and use safety precautions when using fireplaces, space heaters, or wood burning stoves. If you find yourself without any heat, close off the unused rooms and stuff towels under the cracks in doors. Be sure to eat and drink. Food energizes the body and fluids prevent dehydration.

The best defense is to be prepared, but if you find yourself trapped in a storm these tips can help keep you alive. The emergency number to Peterson Air Force Base is 556-SNOW; Cheyenne Mountain 554-ROAD and Schriever AFB 567-3232.



Firearm violations, fraud lead to courtmartial

PETERSON AIR FORCE BASE, COLO. -- A staff sergeant's 8-year military career ended here when he was convicted at a general court-martial Jan. 9.

Assigned to Air Force Reserve Command's 302nd Airlift Wing, the reservist pled guilty to a number of weapons charges and fraud.

Those charges included dereliction

of duty for failing to inform Peterson AFB gate guards that he was in possession of loaded personal weapons and ammunition at the security forces armory. Others

charges for which he admitted guilt were wrongfully using a government computer, preparing a false travel voucher in the amount of \$240 and wrongfully possessing written documents purport-

ing to be United States Air Force security forces credentials.

He entered his pleas before a military judge and was sentenced to a bad conduct discharge, 47 days confinement and reduction to airman basic.

As a result of his felony conviction, he is subject to federal restrictions on owning, possessing or handling firearms. (AFRC News Service)

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